



Care Assistant

Reporting to: Nurse in Charge / Home Manager

Job purpose:

To share with other staff in meeting the personal care needs of residents in a way that respects the dignity of the individual and promotes independence. You are to help in the care of the resident's physical environment and in the general day-to-day activities of the home.

Main Responsibilities:

- Assist residents who need help with dressing, undressing, bathing and the toilet. Residents must
- never be left unattended in the shower or bath.
- Help residents with mobility problems and other physical disabilities, including incontinence; help in
- use and care of aids and personal equipment.
- Care for residents temporarily sick and needing for example, minor dressing, bed nursing.
- Help care for residents who are dying.
- Help in the promotion of mental and physical activity of residents through talking to them, taking
- them out, sharing with them in activities such as reading, writing, hobbies and recreations.
- Make and change beds; tidy rooms, empty commodes.
- Collect soiled linen and deliver to the laundry, inspect, launder and mend resident's clothing.
- Set tables and trays; serve meals; feed residents who may need help; prepare light meals and wash
- up; tidy and clear the dining room.
- Answer emergency bells; the door and the telephone; greet visitors.
- Monitor residents' health and wellbeing and report any concerns to the nurse in charge. Read and

- write reports; take part in staff and residents' meetings and in training activities as directed.
- Accompany residents on travel to and from the nursing home as and when necessary.
- Carry out all required safety precautions, fire drills, moving and handling, food hygiene practises as
- required and after receiving appropriate instruction and training.
- Any other duties may be necessary to ensure the smooth running of the Nursing Home.

Extra Duties:

- To maintain personal and professional development to meet the changing demands of the job,
- participate in appropriate training activities and encourage and support staff in their development
- and training.
- To undertake such other duties, training and/or hours of work may be reasonably required and which
- are consistent with the general level of responsibility of this job.
- To undertake health and safety duties commensurate with the post and/or as detailed in the
- Directorate's Health and Safety Policy.